



**March 27, 2014**

Dear Friends:

I'm sure you have been following the recent developments of Tuesday's Victory Park standoff in the media. It has been revealed that the 38-year-old suspect who was taken into custody suffered from bipolar disorder. Bipolar disorder or manic depression, a serious mental disorder currently affects 2.3 million Americans. According to media reports the suspect's mother stated he was not taking his medication to manage symptoms.

Mental illness, just like any other treatable health issue can have a significantly improved quality of life through effective treatment plans. It is important that we educate and motivate ourselves and others with that fact. We as a community can make a difference in the lives of those who suffer from mental illness by not defining them by their diagnosis.

Recovery is possible. This is our work. Keep connected with us through our social media channels and website for the latest news regarding popular mental health and education topics. We envision a future in which all people in North Texas communities have access to needed mental health resources and support systems to ensure a better today and a brighter tomorrow.

Sincerely,

Carol E. Lucky  
**CEO, Child & Family Guidance Center**